

Big Fourth 5K



Monday July 4th, 2022 9:00 am

Basketball Hall of Fame, West Columbus Ave, Springfield, MA

Entry Fee \$25.00 thru Tuesday July 3rd, \$30.00 race day. Students 17 & Under 18 \$20, \$25 race day
Race Shirts for the first 200 pre-registered runners.
Food and refreshments will be available after the race

Prizes Top 3 Males and Females Overall
Top 2 in Age Groups: 19-29, 30-39, 40-49, 50-59, 60-69, 70 & Over
Students & Under 18 not eligible for cash or merchandise prizes

Registration

Online thru June 30th - <https://runsignup.com/Race/MA/Springfield/45thAnnualSpringfieldsBigFourth5K>
or drop off app at either Fast Feet Store: 231 Elm St, West Springfield | 26 Elm St, Westfield

Early Bib & T-shirt Pickup - Thursday, June 30th thru Sunday, July 3

West Springfield store only Race Apps You may sign up for the race thru both Fast Feet stores.

Course Record Holders Kevin Johnson (GSH) 15:11 2011 Carolyn Stocker (GSH) 17:38 2011

Please feel free to call FAST FEET at [\(413\) 734-0955](tel:4137340955) if you have any questions.

Make checks payable:

“Greater Springfield Harriers”

Mail or drop off to our Fast Feet Store - 231 Elm St, West Springfield, MA 01089
(mail must be received no later than June 30th)

First: Last:

Address:

City: State: Zip:

Birth Date: / / Age on Race Day: Gender: M F

USATF Club: _____

Shirt Size: X-Small Small Medium Large XL

In consideration of being accepted as an entrant in this race, I hereby, for myself, heirs, executors, and administrators, waive and release the Greater Springfield Harriers, the race committee, all sponsors and their representatives and employees for any and all injuries or damages that may occur to me while competing in or traveling to or from the event described in this entry application. I certify that I have properly trained for, and to the best of my knowledge, am physically fit for this event. I also realize that refusal to sign this waiver indicates that I will not be participating in the event and should not be considered an official entrant.

Signature (Parent or Guardian if under 18): _____ Date: _____