



NOTICE: FEB 5th 10K - Change of Venue

The 10k on Feb 5th will not start and finish at the Skate house.

Instead we will be starting and finishing at the new Bright Nights facility (the old horse stables by the tennis courts). Enter the Sumner Ave main gate & take a right immediately after the tool booth. Registration inside building on the left. All parking including at the tennis courts is available to us.

10K Course remains mostly the same except: Start at Bright Nights building, head onto the main entrance road and go left towards Sumner Ave.

Course detours around the Skate House parking lot
Do not take the walkway. Take road right before walkway up around Fountain Lake Road. Take right back onto the normal course that exits the rear entrance of Forest Park.

Continue the rest of the normal 10k course. When you come back to the main gate tool booth, don't take the first road which is the exit road. Use the same entrance road that runners came out on. Finish line will be a straight shot down the entrance road - approx. 100 meters.